

Teacher – 1.5 Years Post-Intervention Survey

In field: 07.05.2024 – 11.07.2024

Welcome

1. Welcome back!

About a year ago, you participated in the **Family Life Study** about family life and the reconciliation of work and family. Thank you for your effort and your time, we greatly appreciate your responses and feedback.

Today, we kindly ask you to participate in the **third survey** to learn more about your expectations and experiences as a **working mother**. Today's survey takes approximately **10-15 minutes**. Among all participants who fully complete the survey, we will give away **5 Galaxus-vouchers**, each worth **300 CHF**.

Should you have any concerns or questions regarding the survey, please contact our research team at family@econ.uzh.ch.

Kind regards

Your research team

Satisfaction/Feelings

First, we would like to learn more about your **satisfaction** with various domains of your life.

2. How **satisfied** are you with your current situation, in terms of ...

[Randomized order]

- ... the **quality** of time spent with your family?
- (If Partner = «Yes» in W1) ... your **partnership**?
- ... your friends' and family's **understanding** of the challenges you face as a mother?
- ... how you manage to **reconcile** work and family life?
- (If Partner = «Yes» in W1) ... the current **division** of household and childcare tasks with your partner?
- ... the **sense of purpose** you feel in your job?
- ... your personal **work-life balance**?
- ... the time you have for **yourself**?
- ... your **individual** financial situation?

Very dissatisfied; Rather dissatisfied; Neither nor; Rather satisfied; Very satisfied

3. Next, we would like to know how you **felt** in the **last month**. In the last month, how often have you ...

[Randomized order]

- ... been **angry** due to an **unexpected event**?
- ... had the feeling that you were **unable to control** the **important things** in your life?
- ... felt **nervous** and **stressed**?
- ... felt confident about your ability to **handle** your personal challenges?
- ... had the feeling that **things** were **going your way**?

- ... had the feeling that you **can't cope** with all the **things** that you had to do?
- ... had the feeling that you had **control** over the **challenges** in your life.
- ... had the feeling that you were **on top of things**?
- ... been **angry** because of things **outside of your control**?
- ... had the feeling that **difficulties** were **piling up** so high that you **could not overcome them**?

Never; Almost never; Sometimes; Often; Very often

4. How do you feel at this moment when thinking about the **future**?

Please select all feelings that apply.

[Randomized order, «None of the above» always last; multiple answers are possible]

Angry; Anxious; Hopeful; Discouraged; Happy; Motivated; None of the above

Perceived differences in ease of coping with work life and private life

Please think about your work and private life and how things are developing compared to previous school years.

5. Do you have the feeling that this school year it was **easier or more difficult** to:

[Randomized order]

- **Reconcile work** and **family** life.
- (If Partner = «Yes» in W1) **Coordinate** household **tasks** with your **partner**.
- **Coordinate** with your **colleagues** at school.
- Fulfil all **tasks** in your daily **work life** to your satisfaction.
- Fulfil all **tasks** in your daily **private life** to your satisfaction.
- Maintain a **close relationship** with **your child(ren)**.
- **Decide on** the **employment level** you want for the **next school year**.
- **Organize childcare** while you are working.
- (If Partner = «Yes» in W1) **Coordinate** with your **partner**.

Much more difficult; More difficult; Neither nor; Easier; Much easier

Channels of Adjustment

6. Which type(s) of **childcare** do you currently use when you are at work?

Please select all that apply. [Multiple answers are possible]

Nursery (Kita); "Tagesmutter»/Babysitter/Nanny; (If Partner = «Yes» in W1) Partner; Grandparents/relatives/friends; After-school care center ("Hort/Tagesstruktur"); My children are old enough to take care of themselves; Other: [Inline text field]; None

7. Please indicate the **number of half-days** you use each type of childcare in a typical workweek.

(Choices selected at 6 are displayed)

- *Nursery (Kita): [Dropdown 1(1)10]*
- *"Tagesmutter»/Babysitter/Nanny: [Dropdown 1(1)10]*

- *Partner*: [Dropdown 1(1)10]
- *Grandparents/relatives/friends*: [Dropdown 1(1)10]
- *After-school care center ("Hort/Tagesstruktur")*: [Dropdown 1(1)10]
- *Other*: [Dropdown 1(1)10]

8. (If Partner = «Yes» in W1) What is **your partner's** current **employment level**?

[Slider 0(1)100]

9. (If Partner = «Yes» in W1) If you had been free to choose, what **level of employment** would you have preferred for your **partner** in the current year?

[Slider 0(1)100]

10. How much **private leisure time** do you have in a typical school week, for instance, to do sports and meet friends?

Less than 1 hour; 1-2 hours; 3-4 hours; 5-6 hours; 7-8 hours; more than 8 hours

11. Do you employ a domestic help/cleaner?

No; Yes

12. In the last year, did you **change** your employer, the canton you work in, or the number of schools you work in?

No; Yes

Takeaways

We are almost at the end of the survey. We would like to hear your opinion on what participation in the study has meant for you personally.

13. Do you feel that you have generally gained **something useful** from **participating** in the study?

Not at all; No; Neither nor; Yes; Yes, a lot

14. Do you have any comments here at the end which you would like to share with us?

[Essay text field]

15. END OF SURVEY. **Thank you** for your participation in the **Family Life Study**!